



Learn. To Change.

ACE Workshop:

Shut Up and Write

Please note, this is not a taught session. You will be given time to complete writing exercises and self-reflect on your progress.

What is Shut Up and Write?

'Shut Up and Write' turns the usually solitary act of writing into a communal event. Through **timed writing exercises** and **guided self-reflection**, it encourages participants to:

Overcome
procrastination

Silence their
inner critic

Reflect on
challenges

Exchange
tips for best
practice

Establish a
writing
community

Make
consistent
progress

Shut Up and Write: Workshop Content

Introduce the technique of generative writing to efficiently draft assignment content

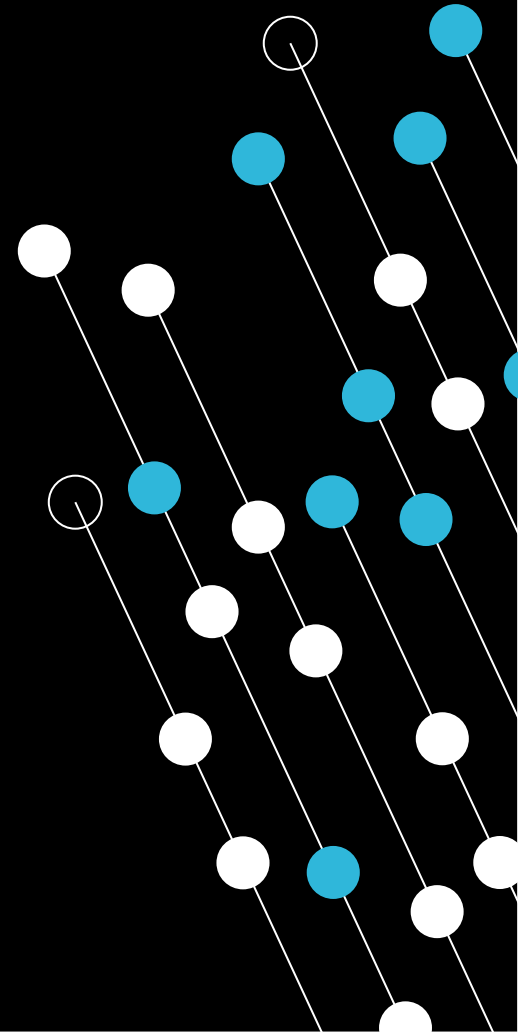
Complete two 20-minute writing exercises, reflecting on associated strengths and limitations

Establish a specific, manageable writing goal for the week ahead

By the end of the session, you will:

Adopt the generative writing technique to draft assignment content and set a writing goal for the week ahead.

Code of Conduct



Code of Conduct

1

Maintain a quiet, distraction-free environment during timed writing exercises.

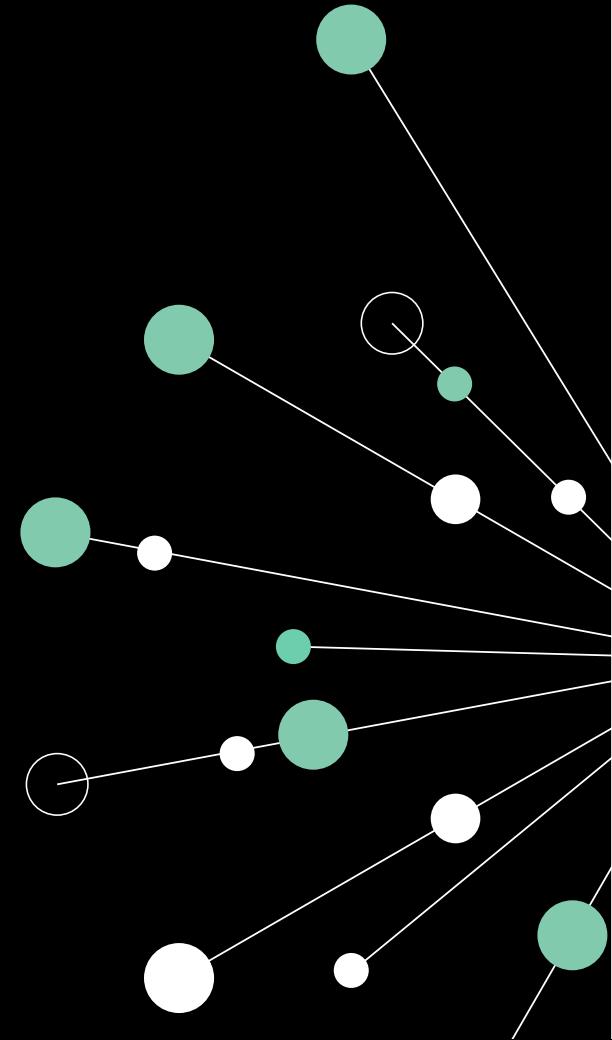
2

Never share work in the chat or with peers due to the risk of academic misconduct.

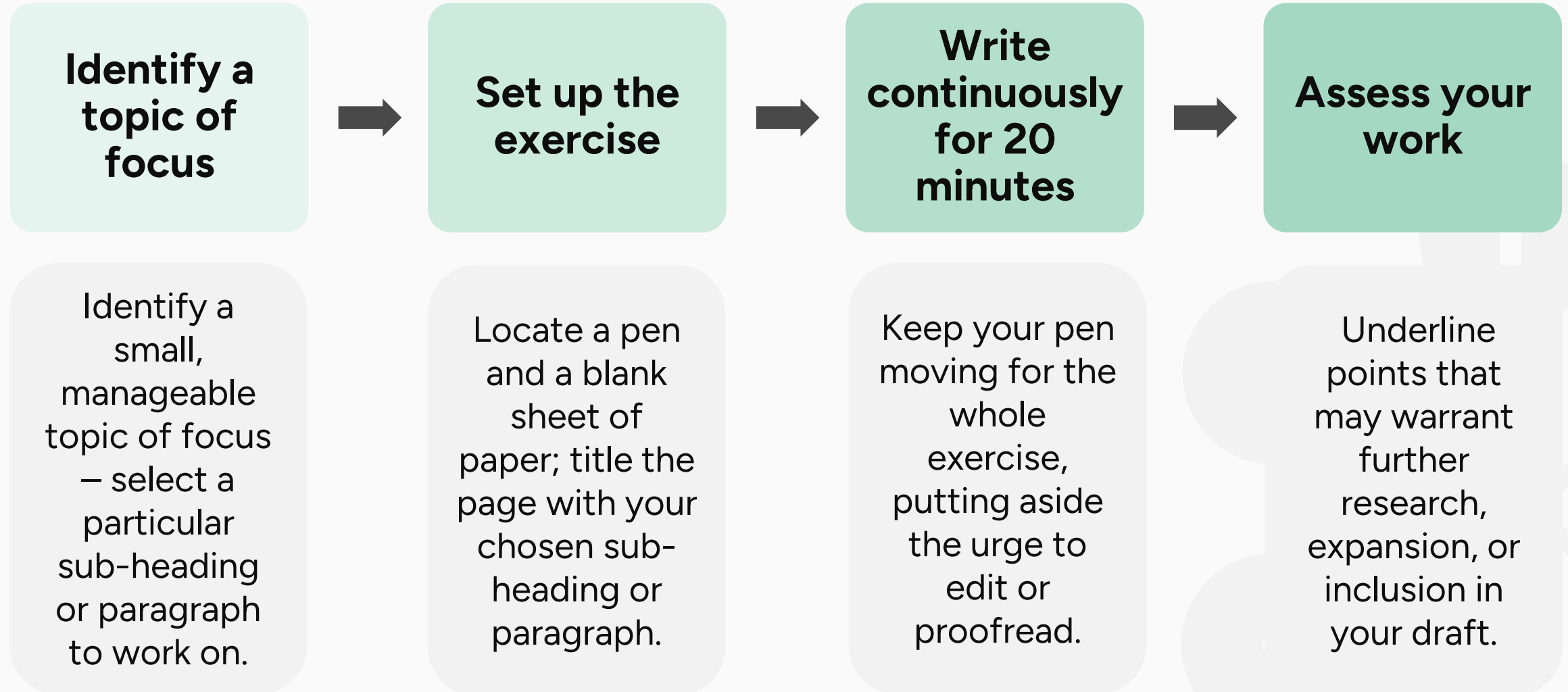
3

Encourage fellow participants – sharing writing-related challenges as well as tips for overcoming them!

Introduction to Generative Writing



What is Generative Writing?



The Benefits of Generative Writing



Reduce writing anxiety! When undertaking an exercise, there is no need to worry about the work being 'correct' or presented in full, grammatical sentences.



Help to **pinpoint exactly what you do and do not know** – identifying opportunities to undertake additional research.

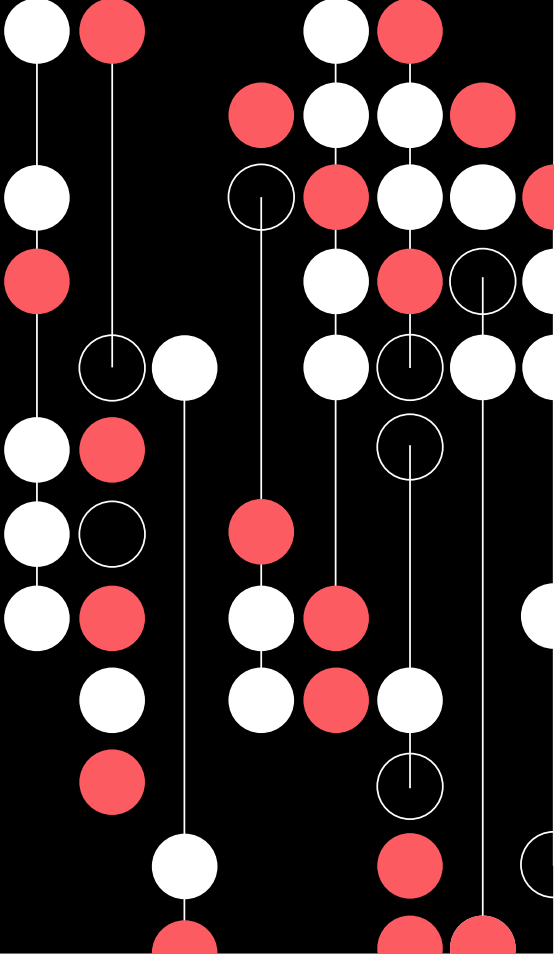


Direct you towards previously unexplored aspects of the topic, **leading to new questions and discoveries.**



Streamline the drafting process, allowing you to focus on and produce small, manageable sections of an assignment within a fixed amount of time.

Shut Up and Write



What is Your Topic of Focus?

Prior to today's session, you were asked to identify a topic of focus – such as a sub-heading or paragraph of your assignment – to work on.

Please write yours in the chat as follows:

I will be drafting the first sub-heading of Task 2; it is on the potential impact of different leadership styles on retention and performance.

I am writing a paragraph on how AI can be used to improve decision-making in the organisation.

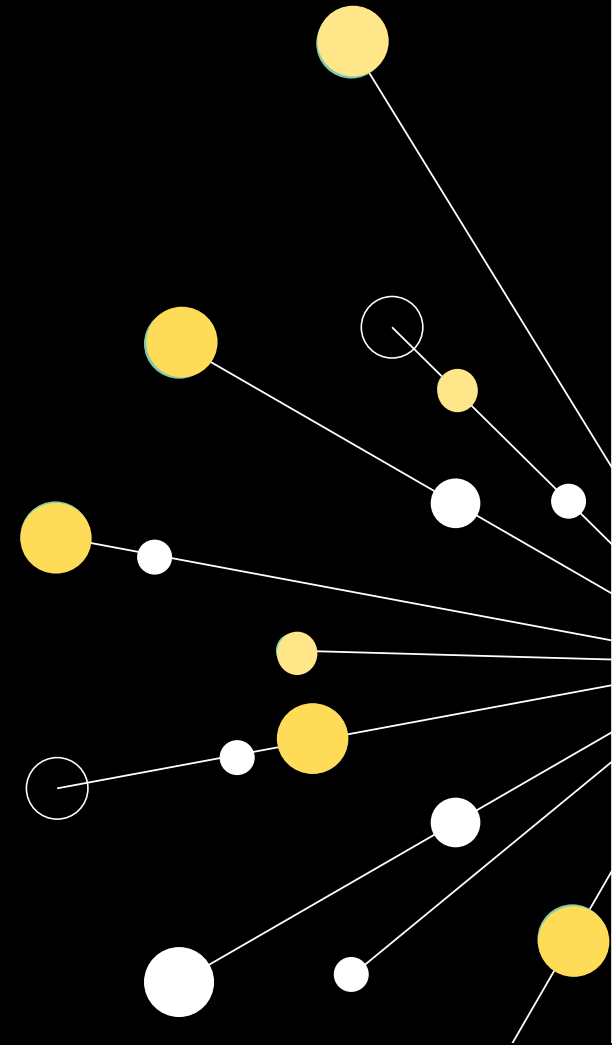
Shut Up and Write – 20 Minutes

Write continuously for 20 minutes!

Avoid the urge to read over or edit your work as you translate those preliminary ideas into words on the page.



Self-Reflection



Self-Reflection

1

Assess the potential **strengths** of your writing.
Are there any points that warrant further research, expansion, or inclusion in your first assignment draft?

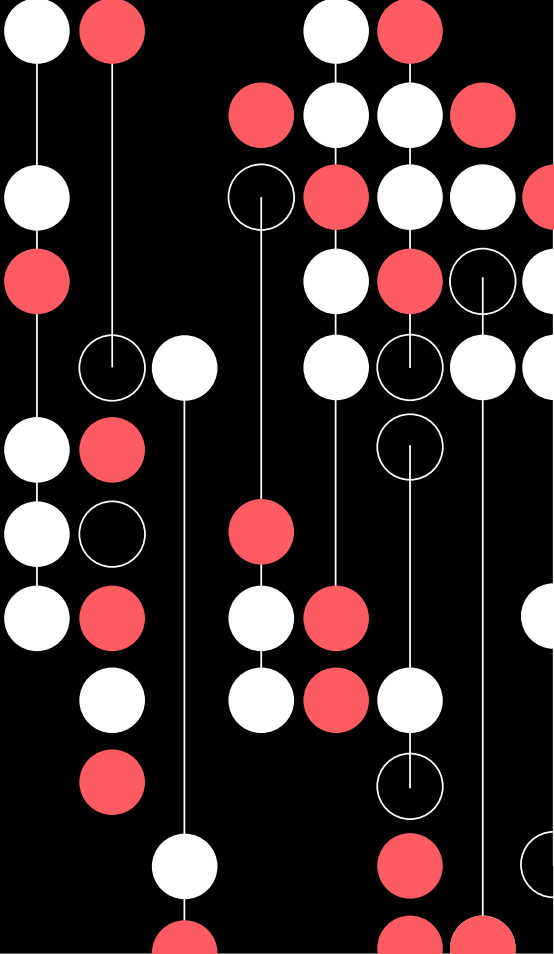
2

Consider the potential **limitations** of your writing.
Are there any relevant counterarguments that should be addressed or superfluous points that could be rejected completely?

3

Reflect on **your experience** undertaking the **first** writing exercise.
What did you do well? What could be better next time?

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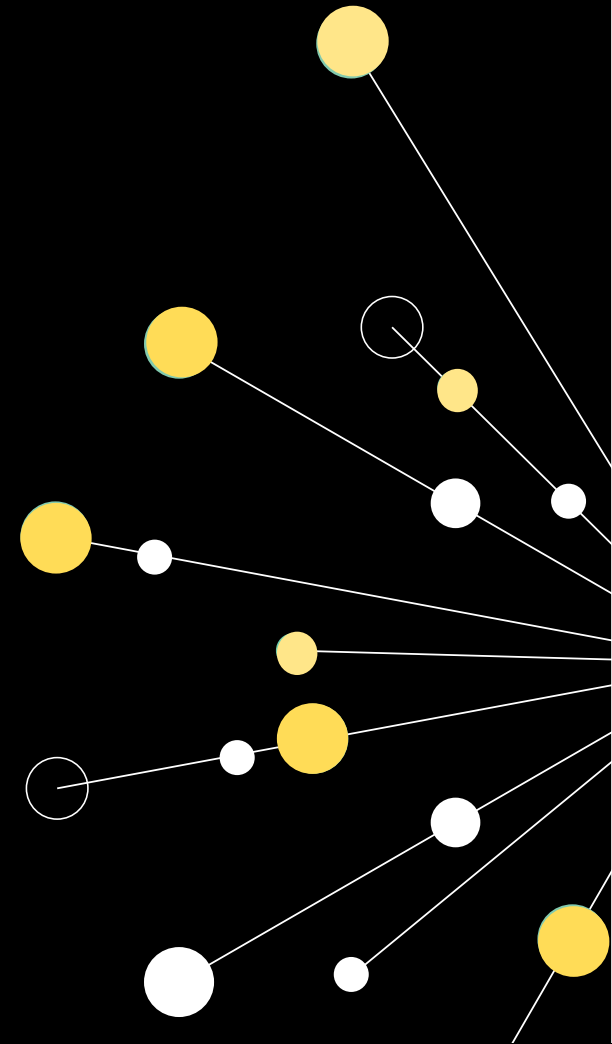
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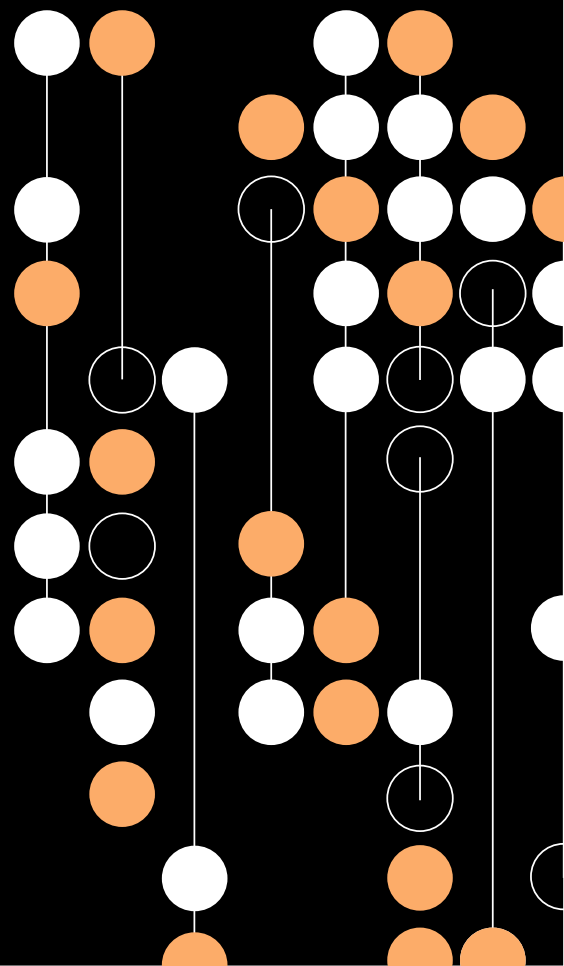
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Consider the potential **limitations** of your writing.
Are there any relevant counterarguments that should be addressed or superfluous points that could be rejected completely?

3

Reflect on **your experience** undertaking the **second** writing exercise.
What did you do differently? What will you take forward?

Goal Setting



Set Yourself a Writing Goal for the Week Ahead

Set yourself a **specific, manageable writing goal** for the week ahead and post it in the chatbox.

The goal could involve:

- Drafting another sub-heading or paragraph of your assignment
- Revising what you have already written
- Conducting further research and integrating this evidence to bolster your argument

More guidance can be found in the [ACE Quick Guide to SMART Goals](#).

ACE Feedback

Thank you for attending this ACE Workshop.
We would be grateful if you could take 2 minutes to
complete our **feedback form**.

Do You Require Further Academic Support?

Look on the
ACE Page for
resources

Check out our
upcoming
workshops

Book a 1-2-1
tutorial

Any questions?

